

First B.Sc. Nursing (Ayurveda) Degree Supplementary Examinations
March 2025

Panchakarma

Time: 3 Hours

Max Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

Essay

(2x10=20)

1. Explain the procedure of Sodhananga Snehapana with ghrta
2. Define Nirooha. Write classification of Vasti

Short Notes

(10x5=50)

3. Explain the importance of Sneha sweda in Panchakarma
4. Explain Sadyasneha
5. Explain Upanaha sweda
6. Write the Sweda atiyoga lakshana and chikitsa
7. Procedure of Niruha Basti.
8. Write ten contraindications of Vamana karma with reasons
9. Write the procedure of Nasya
10. Describe Vastiyantra
11. Write the Paschatkarma of Virechana
12. Write the pathyakrama applicable to all Panchakarma

Answer Briefly

(10x3=30)

13. Udwarthana
14. Dose of nasya
15. Classification of Nasya.
16. Vamana kalpas.
17. Pratimarsa nasya
18. Madanaphala collection and preservation.
19. Benefits of Abhyanga.
20. Define Panchakarma
21. Benefits of Murdhataila
22. Benefits of Peyadi krama
